CAREER POWER-UP SERIES

# FUTURE-READY MANAGERS

*Think Strategically*

*Courageous Leader™ – Daring to make decisions that make a difference*

14.10.2026



BEFORE WE BEGIN

# Zoom – Housekeeping Rules

**You are muted by default**

The chat function is disabled.



**Questions?**

Please submit them through the Zoom Q&A button.



**This session will be recorded**

The recording and presentation will be available on:
Future Ready Managers Series

SESSION OVERVIEW

# Today's Session Agenda

1. Introduction to the Future-Ready Managers: Career Power-Up Series
2. Manager/Leader
3. Courageous Leader™ Process
4. Courageous Leader™ Focus
5. Human behavior & defences
6. Q&A

BEFORE WE BEGIN

# Today's facilitator



**Margareta Kull**

Founder, Trainer and Author

Courageous Leader™

# Exercise:

You need pen & paper.

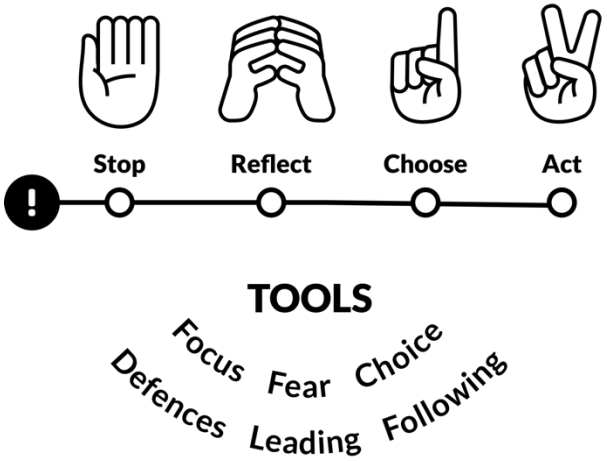
Take a quiet moment to reflect now.

Think of something you want to be different. In your life? In your organisation? Outside of the organisation? It might be about a decision you know deep down you ought to make – but avoid.

Make notes in bullet points.

Courageous Leader

# Kull Courageous Leader™ Process




Courageous Leader

# Kull Courageous Leader™ Focus




Courageous Leader

# Kull Courageous Leader™ Focus




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# Kull Courageous Leader™ Focus - Questions




1. What is best for the business/organisation?

2. What is best for our planet (nature & humanity)?

3. What are your own reactions and fears?

4. What are the reactions and fears of others?

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# Exercise:

Take a quiet moment for step 2 - Reflect – now.

Pen & paper.

Think of the challenge you wrote down earlier.
Reflect on the 4 Kull Courageous Leader™ Focus questions.

Make notes.

Courageous Leader

# Keys to courageous decisions & strong collaboration.

| **Feelings**: | | |
|---|---|---|
| Significant | Competent | Liked |



Courageous Leader

*Inspired by the work of Will Schutz.*

# Keys to courageous decisions & strong collaboration.

| | | |
|---|---|---|
| **Feelings**: | | |
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| **Fears**: | | |
| Ignored/Insignificant | Humiliated/Incompetent | Rejected/Not liked |





*Inspired by the work of Will Schutz.*

# Keys to courageous decisions & strong collaboration.

| | | |
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| **Feelings**: | | |
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| **Fears**: | | |
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| **Behaviour**: | | |
| Inclusion | Control | Openness |



Courageous Leader

*Inspired by the work of Will Schutz.*

# Keys to courageous decisions & strong collaboration.

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| Ignored/Insignificant | Humiliated/Incompetent | Rejected/Not liked |
| **Behaviour**: | | |
| Inclusion | Control | Openness |

- Denier ”I don’t see a problem.” No need to change.
- Critic ”It’s their fault.” Not mine.
- Victim ”Poor me.” There’s nothing I can do.
- Helper ”I’ll fix it!” Avoids dealing with their own issues.
- Self-blamer ”Everything is my fault.” Avoids criticism.
- Demander ”Give me what I need!” Avoids dealing with their own issues.



Courageous Leader

*Inspired by the work of Will Schutz.*

# Exercise:

Take a quiet moment and continue your step 2 - Reflect – now.

Pen & paper.

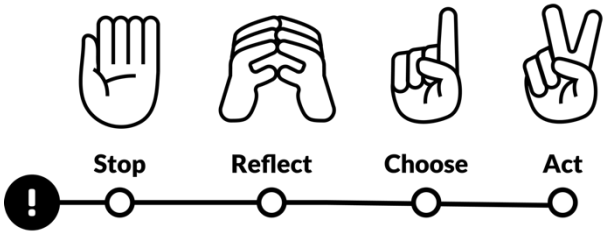
Think once again of your challenge.

- What defences do you notice in yourself and/or others?
- What might you/they be afraid of?
- What might you/they need?

Make notes.

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# Kull Courageous Leader™ Process




**TOOLS**

Focus Fear Choice

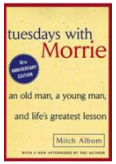
Defences Leading Following

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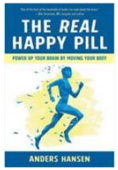
# Some books to read



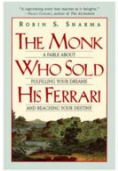

*Courageous Leader –*
*Increase Your Impact by Facing Your Fears* by Margareta Kull




*Tuesdays with Morrie* by Mitch Albom




*The real happy pill* by Anders Hansen




*The monk who sold his Ferrari* by Robin Sharma



# Contact information

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**FREE downloads:**

- Courageous Leader™ Process Guide - PDF
- 1st chapter of the book *Courageous Leader- - Increase Your Impact by Facing Your Fears*

And much more at:
**www.courageous-leader.com/pages/un-frm**

# Q & A

# Share your feedback

Your feedback helps us improve the series.
Please take 2 minutes to complete the survey.



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# Thank You!

*See you at the next session!*

