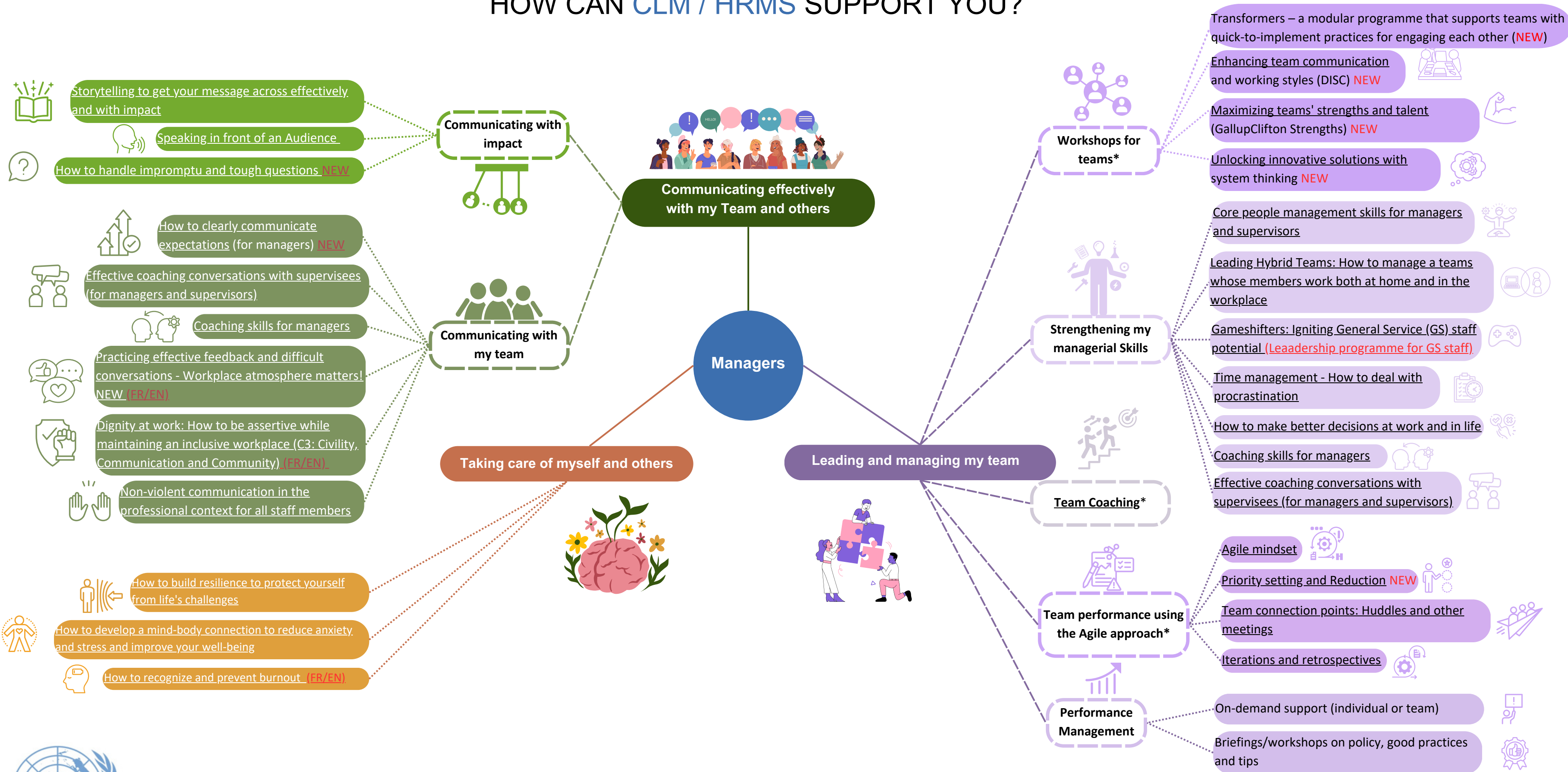


# MANAGERS, HOW CAN CLM / HRMS SUPPORT YOU?



\* Trainings on demand, please contact [clm\\_mc@un.org](mailto:clm_mc@un.org) for more information

# MANAGERS, HOW CAN CLM / HRMS SUPPORT YOU?

## Communicating effectively with my team and others

Date	Time	LMS code	Course name	Type	Language
<b>communicating with impact</b>					
12 March 7 October	09:00 - 17:30	LMS-6429-8 LMS-6429-9	<b>Storytelling to get your message across effectively and with impact</b> Make your messages more memorable and powerful when addressing internal and external audiences.	in-person	EN
16 February 12 September	09:00 - 17:30	LMS-1552-19 LMS-1552-20	<b>Speaking in front of an Audience</b> Increase the impact of your presentations by learning how to install trust in the way you talk to people and convey messages.	in-person	EN
2 May	09:00 - 17:30	LMS-7499-1	<b>How to handle impromptu and tough questions NEW</b> Handle challenging questions in all kinds of situations, including meetings, presentations and negotiations, with confidence and ease.	in-person	EN
<b>communicating with my team</b>					
12 February (EN) 3 September (FR)	09:00 - 17:30	LMS-7263-6 (EN) LMS-7263-7 (FR)	<b>Practicing effective feedback and difficult conversations - Workplace atmosphere matters! NEW</b> Learn the skills and competencies required to give and receive feedback more efficiently.	in-person	EN/FR
19 March (EN) 5 November (FR)	09:00 - 12:30	LMS-6179-10 (EN) LMS-6179-11 (FR)	<b>Dignity at work: How to be assertive while maintaining an inclusive workplace (C3: Civility, Communication and Community)</b> With respect for dignity, it is possible to have vigorous exchanges during a discussion without offending the other party.	in-person	EN/FR
15 February	9:00 - 12:30	LMS-7500-1	<b>How to clearly communicate expectations (for managers) NEW</b> Give you the tools you need to define your expectations, while taking account of those of your team members, to create a structured and safe environment.	in-person	EN
18 April, 2, 16, 30 May	09:00 - 12:30	LMS-7266-3	<b>Effective coaching conversations with supervisees (for managers and supervisors)</b> Offer you with opportunities for practicing how to have coaching conversation with supervisees in small groups. Each session consists of a well-balanced mix of theory and practice.	in-person	EN
24-25 June	09:00 - 17:30	LMS-7318-5	<b>Non-violent communication in the professional context for all staff members</b> Learn how to transform situations of disagreement or conflict into constructive dialogue by developing emotional intelligence and professional relationships.	in-person	EN
18-19 September	9:00 - 17:30	LMS-2438-14	<b>Coaching Skills for Managers</b> Introduce managers and supervisors to the principles of coaching, giving them the means to practice and develop basic coaching skills to improve team synergy and performance.	in-person	EN

# MANAGERS, HOW CAN CLM / HRMS SUPPORT YOU?

## Leading and managing my team

Date	Time	LMS code	Course name	Type	Language
<b>Strengthening my managerial Skills</b>					
10,11 October	9:00 - 17:30	LMS-7218-5	<b>Core people management skills for managers and supervisors</b> Enhance HR management with insights from neuroscience research in this interactive program.	in-person	EN
20, 21 (am) June	9:00 - 17:30	LMS-7254-3	<b>Leading Hybrid Teams: How to manage a team whose members work both at home and in the workplace</b> Master hybrid team dynamics with improved management and communication skills for effective interaction, online or in person.	in-person	EN
Period of May - June		<a href="#">Click here to register</a>	<b>Gameshifters: Igniting General Service (GS) staff potential (Leadership programme for GS staff)</b> Transform your professional path in this 12-week GS staff leadership program! Rediscover talents, enhance self-awareness, and acquire practical skills for empowerment, complemented by a personalized coaching session on strengths.	blended	EN
6, 13, 27 June	15:30 - 17:00	LMS-6320-10	<b>Time management - How to deal with procrastination</b> Conquer procrastination with our 4-week eWorkshop on time management, featuring three webinars and hands-on, interactive exercises.	eWorkshop	EN
11,13,15 November	10:30 - 12:15	LMS-6444-10	<b>How to make better decisions at work and in life</b> Enhance your decision-making skills to mitigate the risk of unfavorable outcomes.	eWorkshop	EN
18-19 September	9:00 - 17:30	LMS-2438-14	<b>Coaching Skills for Managers</b> Introduce managers and supervisors to the principles of coaching, giving them the means to practice and develop basic coaching skills to improve team synergy and performance.	in-person	EN
18 April, 2, 16, 30 May	09:00 - 12:30	LMS-7266-3	<b>Effective coaching conversations with supervisees (for managers and supervisors)</b> Offer you with opportunities for practicing how to have coaching conversation with supervisees in small groups. Each session consists of a well-balanced mix of theory and practice.	in-person	EN

# MANAGERS, HOW CAN CLM / HRMS SUPPORT YOU?

## Taking care of myself and others

Date	Time	LMS code	Course name	Type	Language
8 February	15:00 - 16:30	LMS-6978-5	<b>How to build resilience to protect yourself from life's challenges</b> Fortify yourself against life's challenges by building resilience and boost your mental health.	eWorkshop	EN
14 May	15:00 - 16:30	LMS-6979-5	<b>How to develop a mind-body connection to reduce anxiety and stress and improve your well-being</b> Learn to gain the ability to identify and interpret the warning signs your body sends.	eWorkshop	EN
3 October (EN) 12 November (FR)	15:00 - 16:30	LMS-6980-5 (EN) LMS-6980-6 (FR)	<b>How to recognize and prevent burnout</b> Learn to draw insights from past experiences and safeguard against psychological stress and fatigue.	eWorkshop	EN/FR