

**Career Tips Thursday: Session 38**

# Navigating your career with AI: smart prompts, ethical and practical strategies

---

UN Women and UNICEF  
**Special guest:**  
Rishan Mohamed - [hiringcoach.ai](https://hiringcoach.ai)



# Agenda

- Identify some practical tips to use AI safely in the UN system
- Reflect on using AI tools ethically, to highlight your unique strengths
- Gain hands-on insights into how various AI tools can support you in your career management.

## To start: a few tips on safety

- Do not sign up using your UN agency email address.
- Avoid entering personal data.
- Do not share confidential or sensitive information.
- Always verify AI-generated content – it may be incorrect or biased.



# Use AI or being used by AI? On being Unique

**Use AI to amplify your strengths**



- Shape AI outputs with your own language and lived experience
- Avoid “copy-paste thinking”
- Reflect your values and context
- Shape AI outputs with your own language and lived experience
- Use AI to gain perspective, not to outsource your identity
- Stay aware of ethical boundaries

# Our special guest

---

We are excited to welcome **Rishan Mohamed**, founder of **HiringCoach.ai**, as our guest speaker.







**Do you have any questions?**

---

# Evaluation form

---



**Let us know your thoughts  
about the session!**

<https://forms.office.com/e/T3z4ENH5ms>



# Upcoming CTT sessions

**22 May**      **Turning criticism into career growth: Asking for and receiving feedback**

**26 June**      **Cultivating mindsets for career growth**

Summer break